

Speakers (For complete speaker/coordinator bios visit uclaextension.edu/attachBR.)

Sir Richard Bowlby, The Bowlby Centre; international lecturer and consultant on attachment theory

Gay Bradshaw, PhD, PhD, Executive Director, The Kerulos Center; author, *Elephants on the Edge: What Animals Teach us About Humanity*

Philip Bromberg, PhD, Adjunct Clinical Professor of Psychology and Clinical Consultant, Postdoctoral Psychology Program in Psychoanalysis and Psychotherapy, NYU; Supervising Analyst, William Alanson White Institute; author, *The Shadow of the Tsunami: and the Growth of the Relational Mind*

Louis Cozolino, PhD, Professor of Psychology, Pepperdine University; author, *The Neuroscience of Human Relationships: Attachment and the Developing Social Brain* and *Attachment-Based Teaching: Creating a Tribal Classroom*

Alex Katehakis, MFT, Clinical Director, Center for Healthy Sex Los Angeles; Senior Fellow, The Meadows; author, *Erotic Intelligence* and co-author, *Making Advances*

Ruth Lanius, MD, PhD, Associate Professor of Psychiatry and Harris-Woodman Chair in Mind-Body Medicine at the Schulich School of Medicine & Dentistry, UWO; author, *The Impact of Early Life Trauma on Health and Disease* and *Healing the Traumatized Self* (in press)

Christopher Kennedy Lawford, JD, activist working with the United Nations, the Canadian Center on Substance Abuse, World Health Organization, and The Joseph P. Kennedy Jr. Foundation; actor; author, *Moments of Clarity* and *Recover to Live*

Jennifer McIntosh, PhD, Director, Family Transitions; Adjunct Professor, La Trobe University. Editorial Boards of *Family Court Review* and *Journal of Family Studies*; author of research studies for the Australian Government Attorney General's Department of Family and Community Studies

Darcia Narvaez, PhD, Professor of Psychology, University of Notre Dame; author, *Evolution, Early Experience and Human Development: From Research to Practice and Policy* and *Handbook of Moral and Character Education*

Pat Ogden, PhD, Founder and Director, Sensorimotor Psychotherapy Institute; Co-Founder, Hakomi Institute; Faculty, Naropa University; international lecturer; author, *Trauma and the Body: A Sensorimotor Approach to Psychotherapy* and *Sensorimotor Psychotherapy: Interventions for Trauma and Attachment*

Drew Pinsky, MD, Keck School of Medicine, USC; Medical Director, Department of Chemical Dependency Services, Las Encinas Hospital; American Board of Internal Medicine and Addiction Medicine Specialist; radio and television personality

Allan N. Schore, PhD, Associate Clinical Professor, David Geffen School of Medicine, UCLA; Honorary Membership, American Psychoanalytic Association; international lecturer; author, *Affect Regulation and the Origin of the Self*, *Affect Regulation and the Repair of the Self*, and *The Science of the Art of Psychotherapy*; Private Practice

Judith R. Schore, PhD, LCSW, Dean of Students and Core Faculty Member, The Sanville Institute; Associate Director of Clinical Training and Curriculum Development, and Faculty, Reiss-Davis Child Study Center; Faculty member, The Graduate Center for Child Development and Psychotherapy at Reiss-Davis Institute; Private Practice

Dan Siegel, MD, Clinical Professor of Psychiatry, David Geffen School of Medicine, UCLA; Distinguished Fellow, American Psychiatric Association; Executive Director, Mindsight Institute; author, *Mindsight: The New Science of Personal Transformation*

Stan Tatkin, PsyD, MFT, Assistant Clinical Professor, David Geffen School of Medicine, UCLA; Clinical Director, Outpatient Drug and Alcohol Program, Charter Hospital; author, *Love and War in Intimate Relationships* and *Wired for Love*

Margaret Wilkinson, Jungian Analyst and a professional member of the Society of Analytical Psychology; member of the editorial board of the *Journal of Analytical Psychology*; author, *Coming into Mind: The Mind-Brain Relationship: A Jungian Clinical Perspective* and *Changing Minds in Therapy: Emotion, Attachment, Trauma & Neurobiology*

Cover image: *Cry No More*, © Marlina Vera.

UCLA Extension

UCLA Extension and Lifespan Learning Institute present

Annual Interpersonal Neurobiology Conference

Affect Regulation & Healing of the Self

Friday-Sunday March 14-16, 2014

A cutting-edge conference featuring:

Sir Richard Bowlby; **Gay Bradshaw** PhD, PhD; **Philip Bromberg**, PhD; **Louis Cozolino**, PhD; **Alex Katehakis**, MFT; **Ruth Lanius**, MD, PhD; **Christopher Kennedy Lawford**, JD; **Jennifer McIntosh**, PhD; **Darcia Narvaez**, PhD; **Pat Ogden**, PhD; **Drew Pinsky**, MD; **Allan N. Schore**, PhD; **Judith R. Schore**, PhD, LCSW; **Dan Siegel**, MD; **Stan Tatkin**, PsyD, MFT; **Margaret Wilkinson**

Don't miss this gathering of experts in the fields of neurobiology, attachment and trauma.

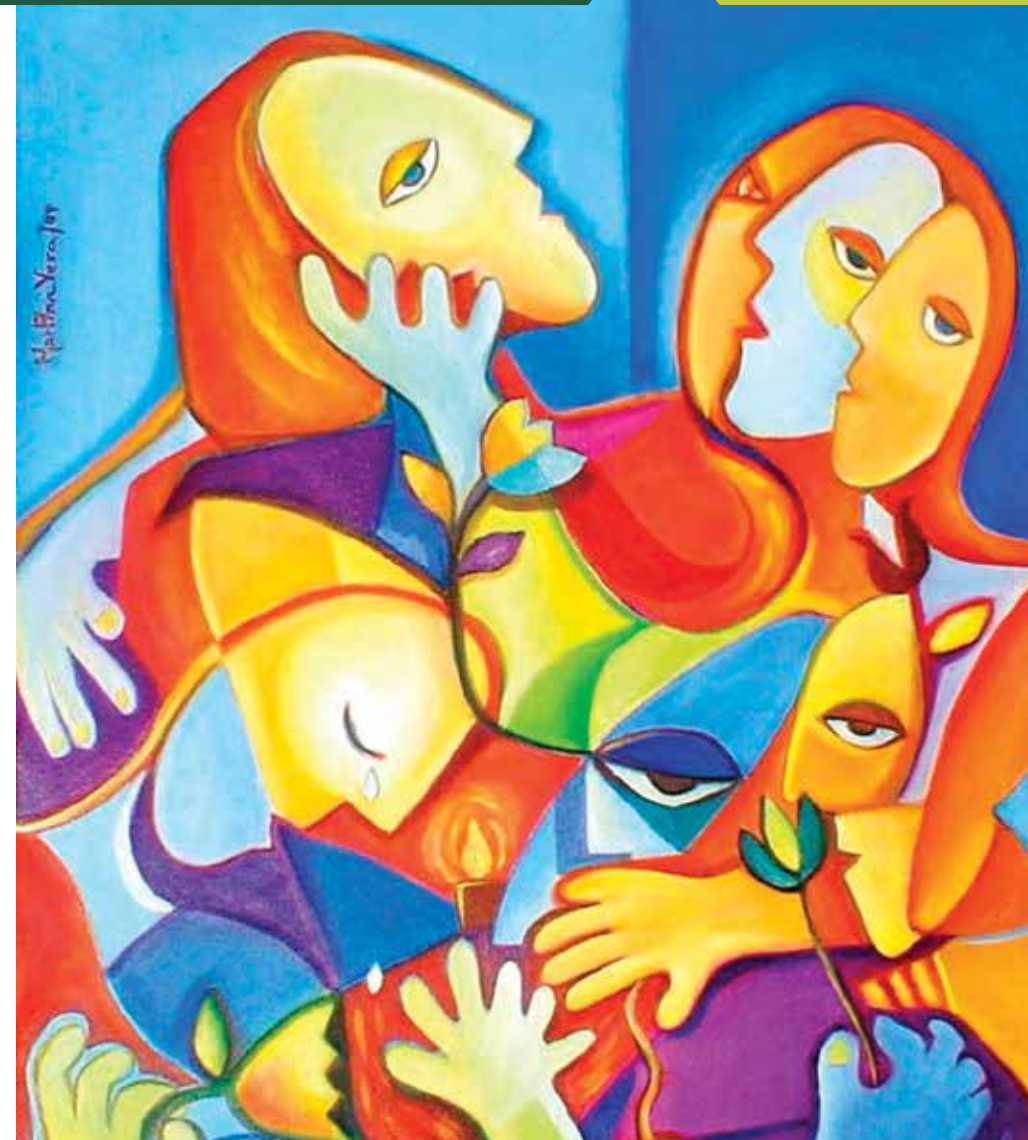
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UCLA Extension

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UCLA Extension and Lifespan Learning Institute present

Annual Interpersonal Neurobiology Conference

Affect Regulation & Healing of the Self

Friday-Sunday March 14-16, 2014

UCLA Ackerman Grand Ballroom

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From Bowlby to Schore: Exploring Attachment and Affect Regulation

Join leading researchers and clinicians at the annual **Interpersonal Neurobiology Conference** to explore the groundbreaking integration of neuroscience, attachment theory and affect regulation. Celebrating 20 years of innovative work by Allan Schore, this year's conference presents remarkable insights on how the right hemisphere regulates emotion and processes our sense of self.

Presentations will span cutting edge lectures on neurobiologically-informed models of addiction, attachment, infant health, behavioral biology, trauma education, psychoanalysis, and individual, couple, and body psychotherapies.

This conference includes both intermediate and advanced content applicable to clinicians and health care practitioners with a wide range of backgrounds and experience. Mental health practitioners, including psychologists MFTs, LCSWs, psychiatrists, counselors, and others will benefit from reviewing cutting-edge research and engaging in transformative dialogue.

At the conclusion of this conference, participants are able to:

- Explain the interdisciplinary thinking underlying interpersonal neurobiology.
- Discuss how integration can be seen as the basis of healthy regulation both internally and interpersonally.
- Discuss the use of interpersonal affective neurobiology in treating addiction.
- Describe how interpersonal neurobiology can become a unifying framework for integrating a variety of disciplines that each have a different understanding of addictive illnesses.
- Utilize readily available genealogical research techniques to gather factual information about the life-course histories of individuals and their recent ancestors.
- Identify those losses in the maternal line that were potentially traumatic and likely increased the risk of compromised attachment from an Adult Attachment Theory perspective.
- Evaluate the association between significantly compromised attachment and increased cognitive risk factors in old age.

For a complete list of learning objectives visit uclaextension.edu/attachBR.

Program Coordinators:



Marion F. Solomon, PhD, Director of Clinical Training, Lifespan Learning Institute; private practice working with individuals, couples, and group psychotherapy; author, *Narcissism and Intimacy*; *Lean on Me*; co-author, *Love and War in Intimate Relationships*; co-editor, *The Healing Power of Emotion*; *Countertransference in Couples Therapy*



Bonnie Goldstein, PhD, Adjunct Professor, USC School of Social Work; Psychology Consultant, Lifespan Learning Institute; author, *I'll Know What to Do*; co-editor, *Handbook of Infant, Child, and Adolescent Psychotherapy: A Guide to Diagnosis and Treatment, Vols. I & II*

3-Day Conference Schedule

UCLA Ackerman Grand Ballroom

FRIDAY, MARCH 14 - Affect Regulation and Addiction

9:00-9:30am	Introduction <i>Bonnie Goldstein, PhD</i>
9:30-10:45am	Interpersonal Neurobiology—20 Years of Interdisciplinary Thinking and Application: The Past, Present and Future of Consilient Collaboration <i>Daniel Siegel, MD</i>
10:45-11:00am	Break
11:00am-12:15pm	Addiction, Affect Regulation, the Blind Men and the Elephant <i>Drew Pinsky, MD</i>
12:15-1:30pm	Lunch (<i>Diane Winston - Mindfulness</i>)
1:30-2:45pm	From Addict to Advocate: Changing Personal and Societal Perceptions about the Disease of Addiction <i>Christopher Kennedy Lawford, JD</i>
2:45-3:00pm	Break
3:00-4:15pm	Sex Addiction as Affect Dysregulation: A Holistic Healing Model <i>Alex Katehakis, MFT</i>
4:15-5:30pm	Panel Discussion <i>Moderator: Marion Solomon, PhD</i>

SATURDAY, MARCH 15 - Affect Regulation and Development

9:00-9:15am	Introduction <i>Marion Solomon, PhD</i>
9:15-10:30am	Bowlby on Schore: How Allan Schore Changed our Views of Childhood and Old Age: Is Infant Attachment the Missing Link in Dementia? <i>Sir Richard Bowlby</i>
10:30-10:45am	Break
10:45am-12:00pm	Neurobiology and Morality: Attending to Evolution, Development and Culture <i>Darcia Narvaez, PhD</i>
12:00-1:15pm	Lunch (<i>Julian Walker - Body Break</i>)
1:15-2:30pm	The Infant of Divorce: Applying a Developmental Lens to the Risks and Possibilities of Parental Separation <i>Jennifer McIntosh, PhD</i>

SATURDAY, MARCH 15 (continued)

2:30-2:45pm	Break
2:45-4:00pm	Elephants, Apes, Us, and Other Family: How Attachment Neuropsychology Has Started a Cultural Revolution <i>Gay Bradshaw, PhD, PhD</i>
4:00-5:30pm	Panel Discussion <i>Moderator: Bonnie Goldstein, PhD</i>

SUNDAY, MARCH 16 - Affect Regulation: Clinical Applications

9:00-9:15am	Introduction <i>Marion Solomon, PhD</i>
9:15-9:45am	Rebirth of Psychoanalysis as Psychotherapy: Allan Schore's Relational Neuropsychology of Affect Regulation <i>Phillip Bromberg, PhD</i> (video-taped presentation)
9:45-10:15am	Healing the Traumatized Self <i>Ruth Lanius, MD, PhD</i> (video-taped presentation)
10:15-10:45am	Working with Early Relational Trauma: Influence and Innovation in Clinical Practice <i>Margaret Wilkinson</i>
10:45-11:00am	Break
11:00am-12:00pm	Arousal and Affect Regulation in Couple Therapy (PACT)™ <i>Stan Tatkin, PsyD, MFT</i>
12:00-1:15pm	Lunch
1:15-2:15pm	Attachment-Based Teaching: Enhancing Learning through Human Connection <i>Louis Cozolino, PhD</i>
2:15-3:15pm	Beyond Words: Regulation Theory and the Implicit Self <i>Pat Ogden, PhD</i>
3:15-3:30pm	Break
3:30-4:30pm	Looking Back and Looking Forward: Our Personal and Professional Journey <i>Judith Schore, PhD & Allan Schore, PhD</i>
4:30-5:30pm	Panel Discussion <i>Moderator: Bonnie Goldstein, PhD</i>

Conference schedule subject to update. Visit our website for up-to-date and complete schedule information at uclaextension.edu/attachBR.

You may enroll for all 3 days, for Saturday and Sunday together, or for the Friday session alone.

General Information

Continuing Education (CE) Credits:

Review the CE hours available for each conference enrollment option below before registering.

APA: Lifespan Learning Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Lifespan Learning Institute maintains responsibility for this conference and its content. This conference offers up to 20.25 hours of CE credit.

BRN: UCLA Extension is approved by the California Board of Registered Nursing (provider #11952) to offer this activity for up to 20.25 contact hours.

CMA: Lifespan Learning Institute is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. Lifespan Learning Institute takes responsibility for the content, quality, and scientific integrity of this CME activity.

Lifespan Learning Institute designates this educational activity for a maximum of 20.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with their participation in the activity. This credit also may be applied to the CMA Certification in Continuing Medical Education.

MFT/LCSW: UCLA Extension is approved by California Board of Behavioral Sciences (BBS) to provide continuing education for MFTs, LCSWs, LPCCs and LEPs (provider #PCE 553). This conference meets the qualifications for up to 20.25 hours of continuing education credit for MFTs, LCSWs, LPCCs and LEPs as required by the California BBS.

NBCC: This course meets the qualifications for up to 20.25 hours of CE credits required by the National Board of Certified Counselors (Lifespan Learning Institute provider #5981).

For information, including speaker/coordinator disclosures and learning objectives contact:

UCLA Extension:
mentalhealth@uclaextension.edu | (310) 825-7093 | uclaextension.edu/attachBR

Lifespan Learning Institute:
ceseminars@aol.com | (310) 474-2505 | lifespanlearn.org

Conference Information, CE Credits, and Fees:

Early registration is recommended. Pre-registration closes on March 11 or when registration capacity is met.

There are 3 registration options, all packages include CE credits listed.

Friday Only

Reg# Z7114DM \$185 (BRN, CMA, MFT/LCSW/LPCC/LEP, NBCC CE credit; fee is **\$205** after 2/14)

Reg# Z7117DM \$185 (CE credit for psychologists; fee is **\$205** after 2/14)

Saturday & Sunday Only

Reg# Z7115DM \$325 (BRN, CMA, MFT/LCSW/LPCC/LEP, NBCC CE credit; fee is **\$345** after 2/14)

Reg# Z7118DM \$325 (CE credit for psychologists; fee is **\$345** after 2/14)

3-Day Conference Package

Reg# Z7116DM \$495 (BRN, CMA, MFT/LCSW/LPCC/LEP, NBCC CE credit; fee is **\$515** after 2/14)

Reg# Z7119DM \$495 (CE credit for psychologists; fee is **\$515** after 2/14)

Registration

Mailing list will be shared with Lifespan Learning Institute.

Online Registration with Credit Card—Available 24 hours a day at uclaextension.edu. American Express, Discover, JCB, MasterCard, and VISA are accepted. Click on the conference option above. Complete the online registration form for secure registration.

Phone and In-Person Registration:

UCLA Extension Westwood/Extension Building
10995 Le Conte Ave., First Floor
Registration/Cashier's Office

Regular Hours: Mon-Thu 8am-6pm, Fri 8am-5pm

Phone: (310) 825-9971

Mail-in registration (check or money order):

Complete and print the online registration form. Select "pay with a check" and mail both to: UCLA Extension, Department K
P.O. Box 24901, Los Angeles, CA 90024-0901
(Make check out to **Regents of UC**)

At-the-door registration—Only available if space permits (payment by check or credit card only) no later than 10am on Friday or Saturday only. **At-the-door registration is not available on Sun, Mar 16.** Call (310) 825-7093 for more information.

Lunch

Morning break and afternoon refreshments are served; however, lunch is **NOT** included. Food is available for purchase on campus. However, it is recommended that participants bring bag lunches to avoid delays at concessions stands.

Parking

The conference takes place in the Ackerman Union Grand Ballroom. Parking is available in UCLA Lot 4, which is an underground parking structure, accessible via Sunset Blvd.

The parking fee is \$12 per day. Do not park without a valid permit, or you will receive a parking citation. UCLA Extension and Lifespan Learning Institute cannot be held responsible for any parking violations incurred by participants.

For questions regarding parking or alternative to driving in to campus, please contact UCLA Transportation at (310) 794-7433 or visit their website, transportation.ucla.edu.

Refunds

Refund requests will be accepted through the close of business on the final refund date (**March 13, 2014**). If you are eligible for a refund, visit uclaextension.edu, click on My Extension, and select Request a Refund; phone: **(310) 825-9971**; fax: **(310) 206-3223**; email: refunds@uclaextension.edu; or mail: Westwood Registration Office, UCLA Extension, P.O. Box 24901, Los Angeles, CA 90024. Grievance Policy online at uclaextension.edu/attachBR.

Students with Disabilities

In accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, UCLA Extension provides appropriate accommodations and support services to qualified applicants and students with disabilities. Please do not bring any folding chairs into the Grand Ballroom. Arrangements for auxiliary aids/services must be requested only through the UCLA Extension Office of Services for Students with Disabilities at least 5 days prior to the program. Call **(310) 825-7851** (Voice/TTY) to request accommodations. Accommodations must be pre-approved; requests for retroactive accommodations are not accepted. All assistance is handled in confidence.

Travel

Participants needing to make travel arrangements may contact Susan Lamishaw of New Act Travel at lamishaw@aol.com, **(310) 201-0808** or **(310) 284-5160**.

Videotaping and audiotaping are not allowed at the conference.

About Lifespan Learning Institute

Lifespan Learning Institute sponsors CE programs for mental health professionals and offers home study courses. Find out more at lifespanlearn.org.

About UCLA Extension

UCLA Extension is the continuing education division of the University of California at Los Angeles (UCLA). We offer courses evenings and weekends in Westwood and Downtown LA, plus online classes available.